



ESILL

The Eastern Shore Institute for Lifelong Learning

“The School for the Fun of It!”

FALL 2023 TERM - COURSE DESCRIPTIONS CAN BE DOWNLOADED AT www.ESILL.ORG.

Classes begin week of 9/11 and conclude week of 11/10. Class size is limited for some courses so call instructor *quickly* to register! At that time, you will learn the location of your class. A refund is provided if you inform the instructor before the second class that you are withdrawing. Please join our support organization, The Friends of ESILL. For \$35 annual dues, you will receive a \$5 discount on every course taken for two terms by yourself and family members, and these flyers will be mailed to your home.

Want to teach? Have a question or a course request? Call Jan Walker at 205-910-8974.

ARTS AND CRAFTS

Acrylics for Beginners	Wednesdays, 9-noon, 5 weeks, Sept. 13,20,27, Oct 4,11, tuition \$75 with \$25 supply fee due first day of class, Loran Chavez, 251-623-3925.
Temari--Japanese Embroidered Thread Balls	Sat., 9:00-noon, 4 weeks, Sept. 16-Oct. 7, tuition \$60, materials fee \$35 paid to instructor or bring own supplies, Blair Heald, 251-605-0828.
Watercolors for Beginners	Thursday, 9-noon, 5 weeks, Sept 14,21,28, Oct 5, 19 (no class on Oct 12), tuition \$75 with \$95 supply fee due first class, which includes all paints, brushes, palette & paper. Loran Chavez, 251-623-3925.
Watercolors Will Do What?! Intermediate Watercolors	Thursday, 1-4 pm, 5 weeks, Sept 14,21,28, Oct 5,19 (no class on Oct 12), tuition \$75 with \$50 supply fee for supplies. Beginner course pre-requisite. Loran Chavez 251-623-3925.

MUSIC

Bach, Beethoven, Brahms, and Bartok	Mon., 10:00-noon, 4 weeks, Oct. 2-23, tuition \$40, Vincentine Williams, 251-626-2712.
Basic Piano--Learn to Play !	Tues., 9-10, 5 weeks, Sept. 12-Oct. 10, tuition \$25, Jo Bond 251-404-5606.

LITERATURE AND THE WRITTEN WORD

Fairhope Literature: Writers Past and Present	Friday, 2:30-4:30 p.m. , Nov. 3, tuition \$ 10, Alan Samry, 251-233-3648.
Not Your Children's Fairy Tales	Monday, 10-11:30, 5 weeks, Oct. 9-Nov. 6, tuition \$38, Margaret Davis, 251-604-7421. Text required: <u>Folk and Fairy Tales</u> , 5th ed., by Martin Hallet and Barbara Karasek. Order from Amazon for \$31.71.
LifeStories: Creating a Memoir	Thursday, 1-3 pm, 4 weeks, Oct. 19-Nov. 9, tuition \$40, Rosanne Gulisano, 630-327-1890.
Kurt Vonnegut and A Meliorating Response to American Pessimism	Thursday, 11:30-3:00, Nov. 6, tuition \$19, lunch provided, \$5 to instructor, Mike Darring, 504-810-4088.

RELIGION

The Gospels: Four Views of the Events	Thurs., 9:30-11:30am, 2 weeks, Oct. 12 & Oct. 19, tuition \$20, Toby Gurley, 251-625-3438.
Walking the Jewish Bible Series:Angels	Mon, 4-6pm, 3 weeks, Oct. 23-Nov. 6, tuition \$30. The instructor is Rabbi Steven Silberman. To register, call Jan Walker, 205-910-8974.

HISTORY AND CURRENT EVENTS

The Black Death: The World's Most Devastating Plague	Mon. & Wed., 2 wks, 10 a.m.-12, Sept. 11, 13, 18, 20, tuition \$40, Art Holder, 251-990-0971.
The War in Ukraine and Global Consequences	Thursday, 2-3:30 pm, Nov. 2, tuition \$8.00, Mara Kozelsky, instructor. Call Laurie Wiggins at 251-990-5555 to register.
The Streets of Fairhope: Stories Behind Them	Fri., 2:30-4:30, Oct. 27, tuition \$10, Alan Samry, via e-mail at alansamry@gmail.com, or call 251-210-8866.

LEISURE TIME

Wine Tasting at Red or White	Tuesday, 6-7:30 pm, Sept. 19, tuition \$8.00. Supplies fee \$40, payable to Red or White to cover cost of wine & food served. Limit 10 students. To register, contact Brenda Huchingson at 251-650-2499.
Bee Informed: Explore the World of Beekeeping	Tuesday, 10-noon, 5 weeks, Sept. 12- Oct. 10, tuition \$50. (Class will meet at Gulf Coast Honey Bees and Beekeeping in Loxley.) Brandon Hargraves, 251-964-0559.
Growing and Propagating African Violets	Sat., 10-noon, 2 weeks, Oct. 28 & Nov. 4, tuition \$20, Jere Trigg, 251-776-2495.

LIFE SKILLS

Estate Planning: The Five Essential Documents	Tues., 9:30-11 a.m., 2 weeks, Sept. 12 & 19, tuition \$15, John Brown, 251-990-8308.
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MIND AND BODY

Mindfulness Based Stress Reduction	Tues., 5:30-7pm, 6 weeks, Oct. 3-Nov. 7, tuition \$45, materials fee, \$5, payable to instructor, Nick Coulson, 251-677-8945 (available after Sept. 16), njcoulson@gmail.com before then.
Taiji (Tai Chi): Developing Balance and Body Awareness	Tues., 2-3 p.m., Sept. 26- Nov. 7, 7 weeks, tuition \$35, Elliott Lauderdale, 251-229-1207.
The Brain in Love: the Neurobiology of Relationships	Sat. 1- 4 p.m. Nov. 4, tuition \$15 , Dr. Harvey Joanning 251-402-3886.
Awakening to Gaia: Creating a New Partnership for Planetary Health	Friday, 9-12 am, 2 weeks, Oct 13 & 27 (no class Oct 20) tuition \$30, Robert Maldonado 251-721-2620.
Yoga: Breathing & Poses	Monday, 8 weeks, 9:30-10:45 am, Sept 11–Oct 30, tuition \$50, Mary Normann, 225-270-1478.