

# COURSE DESCRIPTIONS

*Meet your Instructor by clicking on the Instructors tab on the Home Page.*

*You may view the Project Photo Gallery by clicking on the link on the Courses Page.*

**THE 14<sup>th</sup> COLONY: ALABAMA AS PART OF BRITISH WEST FLORIDA** *New Course!* During the era of the American Revolution, what is now southern Alabama was part of British West Florida, the little-known 14<sup>th</sup> colony in America's founding drama. This colorful chapter in local history is all but forgotten to us today, in no small part owing to the fact that the colony's small and impoverished population remained loyal to the crown throughout the Revolutionary War. This presentation will provide an overview of West Florida's nearly two decades as part of the British Empire and discuss the unexpected and interesting ways America's war for independence made its way to its borders. **Mike Bunn** is the instructor.

**ACRYLICS FOR BEGINNERS** Students will be working with a limited palette, focusing on these painting techniques: blending, layering, glazing, highlighting, and much more! Inexperienced students will receive a supply list at the first class. If you have painted a bit before and have some supplies, bring them with you and instructor **Loran Chavez** will make recommendations on items to add or subtract from your paint box. **Class size is limited.**

**ALABAMA SHORT STORIES** *New Course!* We will be reading short stories by Mobile-born writer Michael Knight in his latest short story collection, *Eveningland*. These stories are set on and around Mobile Bay about people we know. Knight invites us to critique the lives of his characters in relation to family dynamics, environmental issues, social class, aging and lifetime values. In the words of a *New York Times* reviewer, these stories' characters consider "What is the meaning of life?" often in relation to "What shall we have for dinner?" Students can buy the paperback text from Page and Palette or online. **Margaret Davis** is the instructor.

**ALCHEMY INK ART** *New course!* Transform the ordinary into the extraordinary in this unique art course! In medieval times, alchemists tried to turn base metals into gold. In this course, students will not just create art but witness its transformation. Boldly colored inks will be poured onto 4" square white tiles, the colors mingling with each other and morphing into gorgeous, unexpected displays. You can view several examples by clicking on the project photo gallery link on the Courses page. Instructor **Tamlin Allbritten** believes when we come from the spirit of discovery our creativity is increased. "Because the ink takes its sweet time and keeps moving for about two long minutes, the artist can take the same time to relax, watch, and let it go. Students will be led to discover more about themselves while creating their colorful, unique tiles – successively adding more ink and blending solution until they come to that place where they feel their creation is complete." This is a basic course for any skill level and is appropriate for kids as well as adults. Each student will leave with three colorful and unique tiles to use, display, or give as gifts. We are offering this two-hour workshop five times so that students can sign up to make more tiles if inspired. Be sure to wear old clothes because the inks are permanent. Aprons and gloves will be provided. Children under the age of 18 must be accompanied by a parent or guardian. Tuition must be paid for both. **Class size is limited.**

**ALTERATIONS AND MENDING** *New Course!* In this course, you will learn to attach buttons, adjust hems, add darts, patch and repair. Students are welcome to bring projects that need mending. You must have working knowledge of how to use your machine – see the Know Your Sewing Machine course description if you aren't sure. Bring your sewing machine and an extension cord, as well as fabric scissors, pins, and a seam ripper. The instructor is **Dianne Bernasconi**. **Class size is limited.**

**AMERICAN SIGN LANGUAGE FOR PROFESSIONALS - PART I** This Beginners course features intense sessions that enable students to communicate with deaf persons whom they may meet in their place of employment. Students will learn conversational Sign Language, along with Deaf Culture, and will be able to use what they learn in class in the Deaf Community to assist the deaf when needed. The required text, *Learn American Sign Language*, by J.W. Guido, (spiral-bound for ease of use) is available on Amazon for under \$16. Part I consists of nine classes. Part II, which has eight classes, will be held in our Spring 2020 term. **Cheray Bixler** is the instructor. **Class size is limited.**

**AWAKEN THE MYSTICAL ARTIST WITHIN** In this course, students will explore art in a new way that is fun, free, and flowing, using lots of color that flows onto paper using soft pastel chalks. Unlike the techniques of traditional art, students will use guided meditation that helps them investigate subjects of interest to them, such as problem-solving, dreams, upcoming decisions, issues in relationships, etc. In one class, a student wanted to know about a chronic illness; another had a pet exhibiting new and strange behavior and the owner wanted to know what she was up to. The student then studies and interprets their drawing to learn more about the subject. These are shared in class and the other students offer interpretation and insights. Students will have lots of fun with instructor **Bob Maldonado** doing soul portraits to bring more awareness of their gifts and life purpose. **Class size is limited.**

**BATTLE OF LITTLE BIGHORN: CUSTER'S LAST CAMPAIGN** *New Course!* “Custer’s Last Stand”, or the Battle of the Little Bighorn, was a small battle fought on a Montana hillside in 1876, but even as the American Indians won, it resulted in the final demise of the Plains Indians. This course will ride with the 7<sup>th</sup> Cavalry to the climactic battle on those remote hills. Along the way, we will explore the two cultures, one that was part of nature and the other that wanted to manage it. We will look at the Plains Indians’ culture and explore the US Cavalry’s experiences in the American West. The great leaders of the battle, both white and Indian, will be described, and we will finish by following the movements of these adversaries in the battle along the Little Bighorn River. Were Custer’s decisions faulty? Could Custer have won? Did actions of Custer’s subordinates affect their fate? Instructor **Tony Rhodes** will lead the class discussion.

**BEGINNING “NEW BRIDGE”** *New Course!* This course will cover basic bridge and the new changes in bridge. It is appropriate for both those students who have never played bridge and those who would like to update and improve their basic bridge skills. Students will learn hand evaluation, bidding, play of the hand, the Stayman convention, weak 2-bids, and take-out doubles. **Lynne Parker** will provide lots of playing time with hands that are geared to the lesson of the day. A binder with each day’s lesson, bidding tables, scoring tables and other material will be provided. **Class size is limited.**

**BOGS AND BRANCHES: SELECTED HABITATS OF SOUTH BALDWIN COUNTY AT WEEKS BAY RESERVE** This course offers participants a close look at selected ecologically important habitats in south Baldwin County, all located at Weeks Bay Reserve. The different environments contribute to the value and function of the Weeks Bay estuary, where freshwater and saltwater meet. Students will learn about the habitats, their different roles in the estuary ecology, and how they influence the plants and animals that live there. In addition, participants will learn about the diverse trees and other native plants that inhabit Baldwin County and Weeks Bay Reserve. This course is composed of lectures, a pontoon boat trip, and walking tours. Wear sturdy shoes and outdoor attire. Bring bug repellent. **Fred Nation** is the instructor. **Class size is limited.**

**CHAIR YOGA – SITTING AND STANDING** This course is helpful for anyone who wants to exercise but has difficulty with floor postures (weight on hands and knees or repetitive movement on and off the floor) because of knee pain, extra weight, arthritis, etc. It begins with breath work and seated yoga postures in a chair. We then stand by the chair (or use the wall) to improve balance and strength in standing poses. Participants have the option to stay in their chairs or wheelchairs or lie on the floor for relaxation at the end. Bring a yoga mat. Blocks and straps are provided; they are optional but will help you to perform to your greatest potential. The instructor is **Billie Reinhart**.

**CLASSICAL MUSIC IN BALLET** *New Course!* Up until the latter part of the 19<sup>th</sup> century, the role of music in ballet was secondary and provided either background music or accompaniment for solo and ensemble dances. Beginning in the age of Louis XIV of France, dance became an integral part of opera, and thus classical music was joined with ballet. With Tchaikovsky's *Swan Lake*, first performed in 1877, music and dance became equal partners, and thereafter many composers wrote classical music directly for the ballet stage. We will study how ballet music has evolved into popular concert masterpieces. Mobile's own Scott Speck, music director of the Mobile Symphony Orchestra and co-author of the books, *Classical Music for Dummies* and *Ballet for Dummies*, will be invited to be our guest speaker at one class. The instructor is **Vincentine Williams**.

**DARK PROTAGONISTS – HOW AND WHY CREATE ONE?** *New Course!* In this course, we will consider the unusual and highly successful world of loathed literary protagonists. Those characters that are magnets thriving on conflict—often of their own design—drive the story's action relentlessly while keeping the gate to their inner selves slammed tightly shut. We'll enter the tangled wizardry of dark protagonist creation—think Olive Kitteridge, Sherlock Holmes, Dolores Claiborne, Dracula, Scrooge, et al. What makes them not likable but loved? There will be some reading homework. Before each class, **Mahala Church** will e-mail you worksheets to print and bring to class. These are provided for you to take notes.

**DIY HOME DÉCOR & GIFTS:** *Six New Courses!* Create your own craft projects like the ones seen in stores and online. Perfect for students of all skill levels, these projects are taught using a step-by-step hands-on format. Learn and customize each project with the assistance of instructor **Dawn Wilson** to create something wonderful for yourself, or to present as a gift! **Class sizes are limited.**

**BLESSINGS, HARVEST & THANKS** Projects include a wooden sign with the word 'love' and a paw print in the middle, a wooden and wire picture holder great for your favorite Verse of the Week or picture, and two Harvest and Thanksgiving decor items.

**GLASS AND WOOD SLICE ORNAMENTS** Create your own ornaments using either frosted glass orbs or 3" wood slices. Paint a set of six for yourself or personalize your creations for gifts.

**HALLOWEEN FRONT PORCH SIGNS** Create your own front porch decor out of wood pallets for the upcoming holiday. Greet guests with a 2-foot tall pumpkin or with a 3-foot tall Frankenstein that's sure to get cheers instead of screams!

**HOME, HARVEST AND HALLOWEEN** Projects include a farmhouse-style "Home" sign with boxwood wreath, a hand-stamped stone coasters and mug set, and two Harvest and Halloween decor items.

**HOME, HOLIDAYS & CHRISTMAS CHEER** Projects include a family/year established wood sign, a resin and shell art on wood Christmas tree, and a set of three holiday-worded wooden signs.

**WELCOME FRONT PORCH SIGN** Create a reversible front porch sign. Welcome guests on one side and send holiday cheer on the other!

**ELEMENTS OF MARKETING YOUR BOOK** Once you have your book ready to sell, then what? This course will show you the concrete steps you can take to help get the word out that your book is for sale, from simple free things you can do yourself to marketing online. At the conclusion, students will know the specific steps that help assure readers can find their books - which can lead to sales. **John O'Melveny Woods** is the instructor. **Class size is limited.**

**FAMILY MATTERS: SELECTED SHORT STORIES** *New Course!* In this course, students will read and analyze a variety of 20th- and 21st-century short stories by American writers. These focus on the dynamics of family relationships and the interaction of family members during situations and conflicts common to modern families. The stories for the first class will be available a week in advance so that the material can be read before class. **Brenda Huchingson** is the instructor. **Class size is limited.**

**GARDENING WAY DOWN SOUTH** Are you a beginning gardener, snowbird, or new to the South? Does nothing you grow thrive? Is your yard just a mystery? Master Gardener **Barb Comtock** will teach you why gardening in south Alabama is different from gardening anywhere else. We will discuss the importance of oxygen and drainage, soil types, root types, mulches, compost, fertilizers and soil additives. Also covered will be vegetables throughout the calendar year, varieties and companion plants, and lawns, ornamental plant varieties and native plants, shrubs and trees. *Before the first class*, you should read ANR-0006-A from [www.Aces.edu](http://www.Aces.edu) and watch the video “DIY Soil Sample” on the ACES website. Bring a pint-sized soil sample to the first class. **Class size is limited.**

**GOD’S GREEN EARTH: HOW MAJOR RELIGIONS SEE NATURE** *New Course!* This course is an overview exploring how the major religions view the natural world. By examining topics such as Creation stories, the Divine in nature, and the relationship between humans and the environment, it will cover the major world religions: Animism; the Abrahamic faiths: Judaism, Islam, and Christianity (including Celtic Christianity); Hinduism and Buddhism (including Daoism and Shintoism). The instructor is **Ran Nisbett**. **Class size is limited.**

**GREETING CARDS AND OTHER “SMALLS”** *New Course!* In this course, using the medium of watercolor, we will paint small images that can be used for greeting cards or decorative purposes. **Jane Sellier** has designed this course for both those people who have never used watercolor but would like to try, and as a refresher for those who have. **Class size is limited.**

**GROWING AND PROPAGATING AFRICAN VIOLETS** African violets have become the favorite houseplant across the world. This course will cover the seven key factors for successfully growing violets: light, watering, feeding, grooming, environment, soil and potting. Your instructor, **Jere Trigg**, will discuss the procedures for propagating violets from leaves and suckers. Hybridizing your violets will result in the development of new and differently colored flowers, some of which can be truly spectacular. You will learn techniques for cross-pollinating flowers, planting the resulting seeds, and caring for the seedlings to adult blooming plants. There will be demonstrations of grooming, repotting, propagation from leaves and suckers, and cross-pollination of two flowers to produce hybrid seed. To see the immense size Jere’s violets can grow to, click on the project photo gallery link on the Courses page. Plants will be available for purchase.

**GUIDE TO WRITING FICTION** *New Course!* This course concentrates on four of the basics of writing fiction: place (setting), people (characters), puzzle (plot), and path (inciting incident). Created for the writers who desire a jolt of imagination, this unique class employs classical art to tickle the little gray cells and jiggle loose new ideas. There will be in-class exercises and a touch of homework. Before each class, **Mahala Church** will e-mail you worksheets to print and bring to class. These are provided for you to take notes.

**HISTORIC SIDEWALK WALKING TOUR OF BATTLES WHARF BAYFRONT HOMES, AND MORE!** Battles Wharf is rich in a history so little known to Fairhopeans. Here with limited walking we can view the homes of early settlers, and others more recent, whom **Jan Weiler** of Landmark Tours will bring alive for you. Then we will visit the lovely Confederate Rest Cemetery and enjoy a visit to the Punta Clara Kitchen, where pralines, cakes and more are handmade by aproned ladies. At the time of our visit, the Kitchen will be headlong into creating jams and jellies along with candies and pickles. Bread and butter pickles like Granny used to make? You bet! Lucky us – the owners are *very* generous with their samples. We will meet at the

Fairhope Pier parking area, where you will come aboard Jan's car for the tour. Her sedan's trunk is large enough to accommodate collapsible wheelchairs and walkers, so everyone can join in the fun. Come along! **Class size is limited.**

**HISTORY AND TOUR OF THE GRAND HOTEL IN POINT CLEAR** The history of the Grand Hotel dates back to 1847 with a long and storied past. During the Civil War, the port of Mobile was a popular spot for blockade runners, and in the events leading up to its surrender to the Union, the hotel was actually fired upon by Admiral Farragut. It became a field hospital for Confederate soldiers wounded at the Battle of Vicksburg, of which over 300 died and are buried on the grounds in the Confederate Rest Cemetery in Point Clear. In WWII, the Grand was used as a maritime training school. Our guide is the hotel's historian, **Susan Stein**, who will talk about these and other interesting facts about the hotel. We will be running two tours, in the morning and afternoon. They are grouped around the lunch hour so that students, if they wish, can order a special fixed-price meal or order from the menu before or after their tour. **Class size is limited.**

**THE HISTORY OF TAIWAN** *New Course!* This course will provide a history of Taiwan from the earliest times to today, covering aboriginal people, the Dutch, imperial Chinese, Japanese, and Nationalist Chinese colonial experiences, democracy, and the current threat from China. **Harry Miller** is the instructor.

**HOLIDAY GIFT MAKING** *New Course!* We will have lots of projects from which to choose – chenille potholders, wine bags, sachets, jewelry satchels, and cosmetic bags. If there is time, we will add a computer or Ipad cover using free motion quilting. Embroidery machines will be available to personalize your projects! You must have working knowledge of how to use your machine – see the Know Your Sewing Machine course description if you aren't sure. Bring your sewing machine and an extension cord, as well as fabric scissors, pins, and a seam ripper. This is a day-long workshop, so you may wish to bring a brown bag lunch or snack. The instructor is **Dianne Bernasconi**. **Class size is limited.**

**ITALIAN FOR BEGINNERS AND TRAVELERS** Whether you are planning a trip to Italy or you just want to learn a new language, you are going to enjoy this course. Students will learn basic language, grammar, conversation and a little bit of Italian culture while having fun together. **Manuela Ruggiero** is the instructor. **Class size is limited.**

**ITALIAN – INTERMEDIATE** *New Course!* This course is a continuation of the Beginners course. It is open to those students who have taken that course, and as an exception, to those who are already confident with the language's basic rules and pronunciation, subject to the evaluation of the instructor, **Manuela Ruggiero**. **Class size is limited.**

**JAPAN, ANCIENT AND MODERN** *New Course!* This course will cover the classical period of the *Tale of Genji*, the age of the samurai, as well as the astonishing modernization of Japan in the nineteenth century. The instructor is **Harry Miller**.

**KNOW YOUR SEWING MACHINE** *New Course!* We are offering two sewing courses this term – Holiday Gift Making, and Alterations and Mending. If you would like to take them, it is essential that you know your sewing machine. This course is not a prerequisite if you are already comfortable working all of its features. If you are not interested in the other courses but you'd just like to better understand all the things your sewing machine can do, you are welcome to come. Bring your sewing machine, operating manual and an extension cord, as well as fabric scissors, pins, and a seam ripper. **Dianne Bernasconi** is the instructor.

## **METROPOLITAN OPERA COMPANY CINEMA SERIES: PREVIEWS AND PERSPECTIVES**

**New Course!** As an enhancement to the Metropolitan Opera Company's HD broadcasts at the AMC theater in Daphne, ESILL is offering lectures that will enrich your opera experience. This course will approach opera from a variety of perspectives. In the first class, opera enthusiast and author **Maggie Cunningham** will discuss opera in general, with emphasis on the upcoming operas you will see. The next three classes will be held on the day of each showing, featuring that day's opera. There will be musical examples, an historic look at the opera's creation, and other points of interest. Brown bag lunches are welcomed, since from the lecture you can go right to the theatre, only minutes away. The operas we will see are Massenet's *Manon* and Puccini's *Turandot* and *Madama Butterfly*. We will be holding a corresponding course in our Spring 2020 term featuring *The Flying Dutchman*, *Tosca*, and *Maria Stuarda*. Students may purchase their very reasonably priced tickets on the day of each performance.

**MOBILE'S HOLOCAUST SURVIVORS** **New Course!** There were fifteen Holocaust survivors who lived in the Mobile area. This course is about a terrible history, yes, but about hope also. You might have heard of Agnes Tannenbaum, among the best known of the group – a great lady who lived well into her nineties and spoke countless times in various venues here. She was but one example of the resiliency of the human spirit that was displayed in so many of these people. We will look into their early lives and their plans then for their future, recount their Holocaust experiences, and see how they journeyed forth to Mobile, where most enjoyed very productive lives and contributed to the Mobile community in many ways. This course will feature audio and videotape interviews, guest appearances by some relatives, and information on the ways in which the survivors are being remembered. The instructor is **Jerry Darring**, co-director of the Gulf Coast Center for Holocaust and Human Rights Education, and author of four books on the Holocaust.

**THE NOVELS OF C. S. LEWIS** **New Course!** C. S. Lewis was the most widely read Christian apologist of the 20<sup>th</sup> century, and his popularity continues unabated today among Christian liberals, evangelicals, and secularists alike. In his novels, his faith is implied but not stated overtly. During this course of study, we will read and discuss six Lewis novels and novellas. These works include sci-fi, fantasy, satire, allegory and other genres. We will begin by reading an introductory novella by Edwin A. Abbott that will help us identify and understand the values and beliefs that underlie Lewis's fiction and religious works. The class dates have been spread over two full months to assure you will have ample time to read in advance. To enhance your reading experience, a detailed syllabus will be provided that will present a number of questions to reflect on regarding topics such as free will and determinism; faith, logic and morality; fallibility and God's grace; love and loss; and many other issues of the human condition. Some of these are works you may have already read:

*Abbott's Flatland: A Romance in Many Dimensions*

Lewis' works: *Out of the Silent Planet* (from *The Space Trilogy*)

*The Screwtape Letters*

*The Great Divorce*

*The Lion, the Witch and the Wardrobe* (from *The Chronicles of Narnia*)

*The Voyage of the Dawn Treader* (also from *The Chronicles of Narnia*)

*Till We Have Faces: A Myth Retold*

All books are available in new and used editions on Amazon.com for very reasonable prices (even new editions there are priced under \$10); new copies may also be ordered as well from local bookstores. Religious writer and retired Episcopal priest **Dick Schmidt** will lead you and your classmates in vigorous, challenging discussions. More than a book club, this is a unique opportunity to immerse yourself in contemplation of the very essence of what it means to be human. **Class size is limited.**

**THE PERILS OF UNCERTAINTY: THE GULF COAST, 1783-1803** **New Course!** While the Gulf Coast is often a forgotten page in the history of the American Revolution, the period immediately following the Revolution is often overlooked as well. Popular conceptions of the late 18<sup>th</sup> century on the Gulf Coast are often confined to Louisiana and the events there leading up to the Louisiana Purchase. This course will focus on the entire Gulf Coast and some of the oft-forgotten people who shaped events and set the stage for the

Louisiana Purchase. We will examine the interaction of people, commercial enterprises and governments that made the Gulf Coast the fascinating place it has become. [Rick Byrd](#) is the instructor.

**THE POWER OF THOUGHTS, WORDS AND AFFIRMATIONS TO EMPOWER AND CHANGE YOUR LIFE** *New Course!* In this course, we will focus on raising your awareness and manifesting all your desires through the power of your words and thoughts, and by using powerful affirmations. This includes life-transformative exercises and a protocol for co-creating your new reality and receiving guidance on issues and problems you may be facing. A book authored by the instructor, [Bob Maldonado](#), entitled *The Impact of the Universal Energies and How to Use Them*, will be provided at no cost. **Class size is limited.**

**PRALINES AND MORE** *New Course!* Have you always loved the delicious rich taste of creamy pralines? If you're interested in learning how to make them and understanding their French origin to impress your friends and family, here is your golden opportunity to master the skill! Everyone will observe the demonstrations by [Cyndie Wilkins](#) (a Home Economist), obtain recipes and taste the yummy warm confections; if this sounds like a fun way to spend a fall morning then gather your friends and sign-up to join in the fun—it's going to be a party! Click the project photo link on the Courses page to view some of the candies.

**SELF-CARE PRACTICES FOR HEALTH AND WELLBEING** This is a practical self-help healing approach that produces positive emotional, mental, physical and spiritual changes and brings more balance, joy and awareness into your life. The course is designed around a core of gentle and effective techniques and practices that include meditation, movement, breathing, healing, and affirmation techniques. It will foster more awareness and grounding and allow for deeper understanding and healing of self. No experience is necessary. Wear comfortable clothes and bring a light lunch. [Bob Maldonado](#) is the instructor. **Class size is limited.**

**SPANISH FOR BEGINNERS AND RE-LEARNERS** Immerse yourself in the Spanish language and cultures. This practical and fun course involves active participation to enable students to communicate, comprehend and use accurate pronunciation in Spanish as quickly as possible. The course emphasizes speaking abilities, but will consider the language as a whole, taking into account grammar, vocabulary, and cultural understanding. The primary objective of this course is to acquire basic communication skills, or "Survival Spanish". Elements include asking/giving directions and using appropriate greetings, introductions and courtesy expressions, as well as being able to communicate in different situations such as visiting a bank, restaurant, or other public places. In addition, students should be able to give their personal information and talk about personal preferences and activities in growing detail. They will study basic sentence structures, learn everyday vocabulary, and develop the ability to clearly communicate basic ideas in Spanish. Students should bring a Spanish-English dictionary and notebook. The instructor is [Maria Whatley](#).

**SPANISH WINE TASTING AT THE RED OR WHITE** *New Course!* Expand your palate by sampling some fine Spanish wine under the sure guidance of Will Dixon, manager of the (cleverly named) Red or White wine store in Fairhope. He will introduce us to wines of different types and from different regions and share basic terminology and recommended food pairings as well. And hey! If you know all that and just want to try some outstanding wines, come along! Hors d'oeuvres complementary to the wines will be served. **Class size is limited.**

**TAMING THE PAPER DRAGON: ORGANIZE YOUR PAPERWORK, SIMPLIFY YOUR LIFE** Have you ever looked at the stacks of paper on your kitchen table or desk and then turned away because you didn't know where to start? *Taming the Paper Dragon* will give you practical tools to help you organize your personal paperwork, freeing your time for more fun pursuits. The course includes an organizational plan and budget preparation. Give yourself the gift of simplifying your life! [Wendy Gosnell](#) is the instructor.

### **TEDDY ROOSEVELT: THE MAN, THE LEGEND, AND HIS CONTEMPORARIES** *New Course!*

We will look at Theodore Roosevelt, both the man and the legend, as well as his wife and children, along with the progressive issues and men of his age - J.P. Morgan, Henry Cabot Lodge and John D. Rockefeller, to name a few who lived in those turbulent times. While trying to be comprehensive, we will leave out T.R.'s hunting expeditions, where he shot everything that moved despite his reputation for conservation! The instructor is [Art Holder](#).

### **TOOLS AND TECHNIQUES FOR ESTATE PLANNING**

[John Brown's](#) goal for this course is to provide attendees with a solid understanding of the five basic estate planning documents: Will, Trust, Power of Attorney, Health Care Directive, and the (oft over-looked) Beneficiary Form, including the advantages and disadvantages of each document. Some of the topics we will discuss are:

- The four primary ways to pass along assets to heirs, addressing their advantages and disadvantages
- Nine common mistakes people make when naming their beneficiaries that can damage their estate plan
- The difference between your estate and your probate estate and why this is important
- How to choose your attorney-in fact, and whom not to choose
- How to choose your health care agent, and whom not to choose
- Why persons named on your Beneficiary form take precedent over beneficiaries named in your will or trust
- The Special Needs Trust, and when setting one up is vital
- An inexpensive and efficient way to organize your estate, and to keep it organized
- Making your death, or disability, as non-stressful to your loved ones as possible. Handouts will be provided on what your Letter of Instructions should contain (18-items), duties of your Personal Administrator (50 items) and must-do's after the death of a spouse.

### **TRADITIONAL OR SELF-PUBLISHING: PROS AND CONS IN TODAY'S NEW PUBLISHING WORLD**

In this course, you will learn about going both the traditional route of publishing with mainstream publishers and agents, including how to do it and with real-world examples of success, and the self-publishing path, with step-by-step guidelines of what to do and how to do it. You will also learn marketing techniques that you can use for either path you take. Informative and fun, you will come away from these classes with clear ideas and action plans for getting your book out there to your readers. [John O'Melveny Woods](#) is the instructor. **Class size is limited.**

### **UKULELE FOR BEGINNERS**

Learn the basics of this fun folk instrument. Students will achieve beginners' skills in tuning the ukulele, playing simple chords in different musical keys, and employing different strumming styles, all while playing many traditional, popular and Hawaiian songs. No musical knowledge required – just a willingness to have fun! Students must provide their own ukulele; instructor [Carl Couret](#) will provide information about purchasing an instrument. Children under the age of 18 must be accompanied by a parent or guardian at every class. Tuition must be paid for both. **Class size is limited.**

### **WALKING THE JEWISH BIBLE SERIES: WOMEN OF THE BIBLE**

*New Course!* Join us as we meet many different women in different contexts and become acquainted with them through Hebrew scripture and other commentaries. Who were Sarah, Miriam, Yael, Deborah and others? How did these women and others shape the Bible? Bring a Bible of your choice for this eye-opening study! The instructor is [Rabbi Steven Silberman](#).

### **WATERCOLOR: BEGINNERS AND INTERMEDIATE**

In *Watercolors for Beginners*, you will gain confidence in watercolor basics using a limited palette. The course concentrates on types of washes, paint, paper, and brushes, and all their uses. You will practice such techniques as dry brushing, masking, lifting, washes, glazes, bubbles, and more. You will create and complete paintings on your own, taking home a paint palette, paper, and four brushes. In the *Intermediate* course, you will take your watercolors further than you ever imagined with new techniques and tips, and you will work more with masking, using fluid, fabric and paper,

bruising the paper, multiple layers, Chinese white as a resist, wax, nails, and more. See what you can do with this wonderful medium we call watercolor! The Beginners course or a working knowledge of the basics of watercolor is a prerequisite for this course. **Loran Chavez** is the instructor. **Class sizes are limited.**

**WHO KILLED CHARLES BRAVO? AN UNSOLVED VICTORIAN MURDER** *New Course!*

Charles Bravo, a young, recently married lawyer, was poisoned in his home on April 21, 1876. Despite extensive police investigation, two inquests, and several obvious suspects, no one was ever charged with his murder. The case has fascinated writers since then, not only for the mystery itself, but also for the rare, behind-the-scenes glimpse it provides into middle-class Victorian life. The lecture will include the facts of the case, with accompanying photographs, as well as newly-discovered information that may finally solve the mystery of Bravo's death. The instructor is **Brenda Huchingson**. **Class size is limited.**

**WOODCARVING FOR BEGINNERS** In this course, students will learn woodcarving "in-the-round". Using a basic carving knife, instructor **Chip Smith** will introduce basic object shaping with a paring cut and explain how to interpret the grain of the wood as you carve. Each class will start a new carving project to help you practice and gain skill with the previously-taught carving techniques and teach you new knife cuts, blocking, rounding and how and when to add detail. Projects will be taken home to be completed before the next class. As our carving projects progress, hand woodcarving gouges and tool sharpening will be introduced. There will be four carving projects: Whale, Cowboy Boot, Santa Ornament and Comfort Bird. Click the project photo link on the Courses page to view them. The materials fee for this course includes the basic carving knife and a sharpening strop. **Class size is limited.**

**THE WORLD TURNED UPSIDE DOWN: THE GROWTH OF CHRISTIANITY** This course provides a non-faith based and non-denominational investigation into Christianity. The heritage which believers share today has developed over three millennia, from its roots with the descendants of Abraham to the earthly ministry of Jesus and his disciples, down through 20 centuries of development and strife, to the place it occupies in our times. The course will cover, among other topics, the first century church, the Roman and Orthodox churches, Reformation, European religious conflicts, and the coming of Christianity to America. Woven throughout this study will be the developing history of the Bible. **Toby Gurley** is the instructor.

**YOGA FOR FITNESS AND STRESS MANAGEMENT** Find balance between getting a workout tensing all the major muscles in your body and releasing them into relaxing poses – from upright, forward, backward and sideways to twisting and inverted. As you practice yoga with emphasis on your breath and alignment, you become naturally more active and fit. And as you do yoga, you will feel better about yourself in body, mind and spirit. Explore your limits without feeling exhausted. You will feel refreshed, full of energy and ready for anything, with a calmer outlook on life. Bring a yoga mat and towel. The instructor is **Christina Caprez**.